



Chartiers-Houston Sports Registration and Healthy Roster: Parent Information Sheet

Beginning in the 2019-2020 school year, Chartiers-Houston HS will be offering a completely paperless physical packet format for sports. This will be done through the website/app Healthy Roster.

About Healthy Roster

Healthy Roster is a HIPAA-secure website/app that the Chartiers-Houston athletic department has implemented for athlete health information. Our certified athletic trainer, Matthew Dady, uses this system to document athlete injuries, provide updates on injuries and treatments, file physicals digitally, and contact parents.



Healthy Roster app available in Android and iOS app stores



Parents:

- Will be able to fill out the physical packet digitally on Healthy Roster
- Will be able to see any updates on their child's injury that the athletic trainers input into the system and comment on updates with questions or concerns
- Can contact the athletic trainers through the website/app's messaging feature
- Will be able to upload documents such as doctors notes simply by taking a picture
- Can ONLY see health information of their children

Coaches will have access as well to see how their athletes are doing, treatments their athletes received. Additionally, parents and coaches can add injuries that the athletic trainers may not have been informed about.





Sport Registration Information

Because parents can only see their own children's Healthy Roster profile, Healthy Roster requires parent emails in order to send each parent an individualized access code as to keep health information private and in accordance with HIPAA guidelines.

To make this process go as flawlessly as possible we are implementing a new system this year with a "Sport Registration" process via Google Forms. This will be **required** of any athlete interested in playing a sport. This registration will allow us to create a spreadsheet of required information to upload to Healthy Roster in order for you to receive the individualized access code (via provided email) to log into your child's Healthy Roster account and access the digital physical.

If your child(ren) have not registered, please register them as soon as possible. A separate registration is required of each child registering. Please complete this at your <u>earliest</u> convenience.

Chartiers-Houston Sports Registration link instructions: https://www.chbucs.k12.pa.us/domain/71v